



Cataract & Laser Center Central, LLC

PRE-OPERATIVE INSTRUCTIONS

- Be prepared to be at the surgical center for 3-4 hours. There is preparation time prior to the surgery and recovery time after.
- You **CANNOT DRIVE FOR 24 HOURS** after your procedure. You will need to have transportation to and from the surgical center on the day of your surgery.
- You may take all your usual medication **UNLESS** your physician has directed you otherwise.
- Wear a loose fitting, comfortable shirt and close-toed, supportive shoes.
- If you wear false teeth or hearing aids, you can leave those in.
- On the day of surgery, do not use face lotion/creams, perfume/aftershave, or any makeup.
- Avoid wearing jewelry and watches, you may leave a wedding band on.
- Do not eat solid foods for **8 HOURS** prior to your scheduled arrival time.
- You may have clear liquids (water, black coffee/tea, ginger ale, apple juice, cranberry juice) up to **2 HOURS** prior to your scheduled arrival time.
- A responsible adult should be with you for the first 24 hours after your surgery. If someone cannot be with you, please arrange for an adult to check on you frequently for the first 24 hours.
- Remember to bring your insurance co-payment (if applicable)
- For your comfort, bring a pair of sunglasses for after the surgery.